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disorder (BPD) is
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Don't despair if you're
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It's so easy to be angry at the person with borderline personality disorder. This book made clear that the person with the disorder is not intentionally manipulating those who love them but is truly suffering and confused by their own behavior.

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Personality Disorder
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Very informative and compassionate. It's so easy to be angry at the person with borderline personality disorder. This book made clear that the person with the disorder is not intentionally manipulating those who love them but is truly suffering and confused by their own behavior. Read more.

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Amazon.com: **Borderline** **Personality Disorder** **For Dummies ...**

Personality and mood disorders can be a lonely, deeply personal journey fraught with perceived dangers as sufferers try to interact with people around them. There are no easy answers, but I found BPD for Dummies to be an informative and

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compassionate look
into an often
misunderstood
disorder that afflicts so
many.

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It's so easy to be angry
at the person with
borderline personality
disorder. This book
made clear that the
person with the
disorder is not

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intentionally
manipulating those
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Author: Charles H.
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Print, 384 pages, July
2009. ISBN:

978-0-470-46653-7.
Description. Your clear,
compassionate guide
to managing BPD ? and
living well.

Borderline Personality Disorder For Dummies - dummies

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For Dummies Cheat
Sheet Diagnosing
borderline personality

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disorder (BPD) is complex, even trained mental health professionals may have difficulty with the diagnosis because the symptoms of BDP can vary dramatically between people. A range of BPD symptoms exist and are grouped into nine categories.

The Symptoms of Borderline Personality Disorder

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Sheet . People with
borderline personality
disorder (BPD) usually
exhibit behaviors,
feelings and thoughts
in drastic forms. Try
these things to help
you manage impulsive
behavior and extreme
thinking when dealing
with BPD:

Useful Tips for
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**People with
Borderline
Personality Disorder**

Bipolar Disorder For
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disorder is a mental

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health disorder that impacts the way you think and feel about yourself and others, causing problems functioning in everyday life. It includes self-image issues, difficulty managing emotions and behavior, and a pattern of unstable relationships.

Borderline personality disorder - Symptoms and causes ...

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you're diagnosed with
borderline personality
disorder (BPD). Seeking
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right treatment can be
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Overcoming Borderline Personality Disorder is a compassionate and informative guide to understanding this profoundly unsettling - and widely misunderstood - mental illness, believed to affect approximately six percent of the general population. Rather than viewing people with BPD as manipulative,

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opponents in a bitter
struggle, or pitying
them as emotional
invalids, Valerie Porr
cites cutting ...

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A clear and easy guide
to the symptoms,
causes, and treatments
of BPD Borderline
personality disorder
affects more than 5.4
million people in the

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United States. The
sympathetic and
comprehensive
information in
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helps those diagnosed
with BPD get to the
root of their condition,
develop strategies for
breaking the
destructive cycle, and
ultimately learn to live
well.

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Borderline Personality Disorder For Dummies
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Your clear, compassionate guide to managing BPD — and living well Looking for straightforward information on Borderline Personality Disorder? This easy-to-understand guide helps those who have BPD develop strategies for breaking the destructive cycle.

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Caring about someone with Borderline Personality Disorder (BPD) tosses you on a roller coaster ride from being loved and lauded to abandoned and bashed. Being a borderline (having BPD) is no picnic, either. You live in unbearable psychic pain most of the time and in severe cases on the border between reality and psychosis.

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